



MAY 2009



ELEMENTARY, MIDDLE SCHOOL AND HIGH SCHOOL MENU
No food fried at Farmingdale & Middle School

Mon

Tue

Wed

Thu

Fri

Menu includes: 1% Milk, 100% Juice & Canned or Fresh Fruit

PBJ offered daily W/W=Whole Wheat W/G=Whole Grain ♥ = Healthy Heart Choice

Price: Farmingdale: \$1.50 Middle/High School: \$1.65

**1 W/G PIZZA
CHEESE OR PEPPERONI**

♥ LETTUCE
CAULIFLOWER

**4 POPCORN CHICKEN RICE
BOWL OR RIB BITES
WITH ♥W/W ROLL**

♥ LETTUCE
CORN

**5 CHEESE STIX OR
CHEF BOYARDEE RAVIOLI**

CALIFORNIA BLEND

**6 ITALIAN DUNKER
OR DELI SUB**

GREEN BEANS

**7 LUNCHABLE OR
CHICKEN PATTY**

BAKED BEANS

**8 TACO MAX STIX OR
CHEESEBURGER**

♥ LETTUCE
PEAS

**11 FIESTADA OR
RIB ON BUN**

♥ LETTUCE
CAULIFLOWER

**12 BREAKFAST FOR LUNCH-
FRENCH TOAST STICKS WITH
SAUSAGE PATTY OR SAUSAGE
ON A STICK**

TRI TATORS

**13 CHICKEN & NOODLES WITH
♥W/W ROLL OR
MINI CORN DOG**

CORN

**14 WALKING TACO OR
HOT HAM & CHEESE ON BUN**

PEAS

**15 STUFFED PIZZA
CHEESE OR PEPPERONI**

♥ LETTUCE
GREEN BENAS

**18 SLOPPY SCOOPS OR
MEATBALL SUB**

♥ LETTUCE
TATOR TOTS

**19 LASAGNA W/BREADSTICK
OR CHICKEN STIX**

BROCCOLI

FARMINGDALE FIELD DAY

**20 NACHO GRANDE OR
HOT DOG ON BUN**

GREEN BEANS

**21 FUN FISH OR
HAMBURGER ON BUN**

CORN

**22 W/G PIZZA
CHEESE OR PEPPERONI**

CALIFORNIA BLEND

**25 MEMORIAL DAY

NO SCHOOL**

**26 LAST DAY OF SCHOOL!

HALF DAY
NO LUNCH**



Farmingdale Field Day—May 19
Lunchable
Fruit Box Lunch or PBJ Box Lunch

Field Day Rain Date—May 20

